

SHAWL-ANDERSON DANCE CENTER

Adult Classes: policies & guidelines for a successful dance experience

Choosing classes—levels & styles

- Regular classes are offered on a drop-in basis. We also offer workshops, introductory series and master classes year-round with local, national and international artists. More info at www.shawl-anderson.org.
- **All students must select classes at the level appropriate for their training.** If you are trying a class that is new to you, please consult the teacher immediately after class to discuss the level or contact Jill Randall for further discussion. Selecting the appropriate level helps ensure the safety of all students and allows the teacher to plan suitable class material.

Attending classes

- Please arrive on time. **Students may only enter class after the first TEN MINUTES at the teacher's discretion.** If admitted, please sign in and pay before you enter class.
- When you arrive please PRINT your name on the white class sign in sheet AND put your card in the basket, pay for a single, or purchase a class card.
- Some of our classes have a size limit to promote safety and the quality of the class. Please arrive early to secure a space.
- Classes are 90 minutes in length with the exception of hip hop (75 minutes), Pilates (60 minutes) and Pointe class (45 minutes).

Paying for classes

- **Single class drop-in rate** - \$13 at the front desk - **cash or check only**
- **Class cards online** (see www.shawl-anderson.org for pricing) - you may purchase class cards and dance passes online with a credit or debit card (VISA, MasterCard, Discover or American Express). Please note that the online purchase price is slightly higher than purchases made at the Center to account for credit card processing fees.
- **Class cards at the front desk** (see inside page for pricing) – we accept **cash, check or credit card** (VISA, MasterCard, Discover or American Express). You may process a credit or debit payment at the front desk for a class card, but we recommend that students buy class cards online for speed and convenience.
- Class cards are good for 28 days from the date of purchase. Extensions are available only due to injury, extended illness or family emergency. If possible, let us know in person or by phone before the card expires. Please discuss your situation with desk staff. The only exceptions are the 8-class Pilates card (undated) and the Gold Dance Pass (a full calendar month instead of 28 days).
- Please understand that we are a non-profit center and are unable to accept IOUs. Thank you for your understanding and cooperation.
- Short-term scholarships are available for adults. Please contact Program Director Jill Randall for more information. Scholarships applications are due each May, August and December for the semester that follows.

Adult Class Schedule

Summer 2010

June 1st – September 5th

shawl-anderson



2407 Alcatraz Ave (at College)
Berkeley, CA 94705

510.654.5921

The Center is on AC Transit line #51
6 blocks north of Rockridge Bart at the
intersection of College & Alcatraz

www.shawl-anderson.org

Visit our website for teacher biographies, more information. To sign up for our e-mail list to receive special offers & updates, email info@shawl-anderson.org.



Ballet

Beginning I

Mon	6:30 PM	Bellah-Guther
Tues	10:00 AM	McClintock
Wed	6:30 PM	Bellah-Guther
Thurs	10:00 AM	Macklin
Sun	10:00 AM	Liboiron

Beginning II

Mon	10:00 AM	Cantillana
Tues	6:00 PM	Goto*
Wed	10:00 AM	Cantillana
Thurs	6:00 PM	Goto*
Fri	10:00 AM	Williams
Fri	6:00 PM	Liboiron
Sat	9:30 AM	Goto*

Beginning II/Intermediate

Tues	11:30 AM	Gaudet
------	----------	--------

Intermediate

Mon	11:30 AM	Cantillana*
Tues	6:00 PM	Chinn/Calk^*
Wed	11:30 AM	Cantillana*
Thurs	6:00 PM	Chinn/Calk^*
Sun	11:30 AM	Feldman*

(^Calk teaches 6/17, 7/1, 7/6, 8/17-26)

Intermediate/Advanced

Tues	11:30 AM	McClintock*
Thurs	11:30 AM	McClintock*

Advanced

Fri	11:30 AM	Diamond*
Sat	9:30 AM	Diamond*

*Classes have live accompaniment.

Modern

Beginning I

Mon	6:30 PM	Miller
Wed	6:30 PM	Miller

Beginning II

Sat	9:30 AM	Lawton
-----	---------	--------

Intermediate

Mon	10:00 AM	Hosein
Sat	11:00 AM	Lawton

Intermediate/Advanced

Mon	6:00 PM	Faulkner
Wed	6:00 PM	Miner

Advanced

Tues	10:00 AM	Slender
Wed	10:00 AM	Paufve/Haft*
Thurs	10:00 AM	Cheney
Fri	10:00 AM	Miner
Fri	4:30 PM	Paufve
Sun	10:00 AM	Petrarca

*Paufve (June-July)/Haft (August)

Horton Modern

Beginning I MODERN

Thurs	6:00 PM	Nauman
-------	---------	--------

Intermediate MODERN

Tues	7:30 PM	Worthington
Thurs	7:30 PM	Worthington

Pilates Mat

This 60-min. class is a dance specific conditioning class utilizing Pilates, Feldenkrais, & exercise science methods. Non-dancers welcome.

Sun	11:30 AM	Kane
Wed	11:30 AM	Damon/Sefchovich*
Sat	11:00 AM	Martin

*Jessica Damon (July) & Sefchovich (June/August)

Savage Style Jazz

Intermediate –

this class begins with a ballet barre

Mon	7:30 PM	Savage
Wed	7:30 PM	Savage
Sat	11:00 AM	Savage

Intermediate/Advanced

Sun	11:30 AM	Savage
-----	----------	--------

Contemporary Jazz

Intermediate

Tues	7:30 PM	Bregman
------	---------	---------

Horton Jazz

Beginning I/II Horton Jazz

Sun	10:00 AM	Nagata
-----	----------	--------

Hip Hop

Mixed Level* (75-minute class)

Mon	6:15 PM	Wolf
-----	---------	------

Intermediate* (75-minute class)

Sun	11:45 AM	Wolf
-----	----------	------

*SNEAKERS required – preferably sneakers that do not double as street shoes or are clean and free of street debris.

Lifelong Movement

A class designed for older adults who choose to stay fit through dance, exercise and relaxation. This is a 90-minute class. (No class cards, \$10 per class)

Tues	9:30 AM	Harris
------	---------	--------

Intro Series

In January, June and September we offer an Intro Series in ballet, modern, jazz and hip hop. Each series consists of 3 classes– a perfect intro for the absolute beginner or those just coming back after a long break. Ask us for more details!

Class Prices

\$13/class

OR discounted class card*

4 classes	\$48 (\$12/class)
8 classes	\$88 (\$11/class)
12 classes	\$120 (\$10/class)
16 classes	\$144 (\$9/class)
20 classes	\$170 (\$8.50/class)
Dance Pass	\$190 (unlimited classes for 28 days from date of purchase)
Gold Dance Pass	\$180 (unlimited classes for full calendar month—ONLINE only— 3-month or more commitment charged once a month)
Pilates Mat	\$13/class or \$88 for an undated 8-class card

*Cards are valid for 28 days from the date of issue (except Pilates Mat & Gold dance pass) and are non-refundable & non-transferable. Class cards may be used for any regular class except Lifelong Movement (\$10/class). Rates subject to change.

NEW! PLEASE SEE THE BACK OF THIS BROCHURE FOR MORE INFORMATION ON BUYING CLASS CARDS ONLINE!

Directors & Faculty

Co-Founders: Frank Shawl & Victor Anderson
Executive Director: Frank Shawl
Program Director: Jill Randall
Administrative Director: Rebecca Johnson

Hally Bellah-Guther	Coco Liboiron
Jenni Bregman	Troy Macklin
Marcia Cantillana	Suzanne Martin
Tammy Cheney	Jenna McClintock
Sandra Chinn	Stephanie Miller
Jessica Damon	Mo Miner
Wendy Diamond	Corrine Nagata
Marina Eglevsky	Randee Paufve
Katie Faulkner	Anne-Rene Petrarca
Rachelle Feldman	Reginald Ray-Savage
Andrea Gaudet	Katherine Nauman
Carolyn Goto	Laura Sefchovich
Nina Haft	Charles Slender
Joanna Harris	Jessica Swanson
Abigail Hosein	Susan Williams
Julie Kane	Jessica Wolf
Eric Kupers	Kat Worthington
Dana Lawton	