

BEGINNING II HORTON JAZZ

FRIDAYS 6 - 7:30 PM &
SUNDAYS 10 - 11:30 AM

with

CORRINE NAGATA

at SHAWL-ANDERSON DANCE CENTER

This is a fun dance class for Jazz lovers. Corrine will be sure to challenge you with isolations across the floor and core strength building exercises in the center. There is an emphasis on anatomically correct alignment to prevent injuries and better students' everyday posture.

Horton is a dynamic, athletic technique that emphasizes strength and flexibility. It lends itself well as a base for both modern and jazz training.



CORRINE NAGATA teaches a Horton based technique class. She has taught at The Ailey School in New York as well as LINES and ODC in San Francisco. Corrine is also a consultant for Arthur Mitchell at Dance Theatre of Harlem and teaches for Jacques D'Amboise at the National Dance Institute. After attending San Francisco School of the Arts, she graduated in the Advanced Placement Program from the North Carolina School of the Arts. She is proud to have danced for Bay Area's Janice Garrett and Savage Jazz Dance Company.

SHAWL-ANDERSON DANCE CENTER provides Bay Area dance students of all ages and levels with high caliber training in both contemporary and traditional movement forms in a welcoming, non-competitive environment. The Center is a non-profit organization founded in 1958 by Frank Shawl and Victor Anderson and is committed to nurturing and mentoring the growth of dancers and choreographers; cultivating a healthy and supportive atmosphere for creative expression; sustaining traditions essential to excellence in the field; and, fostering the evolution of the art of dance.

Single class drop in rate is \$13. Discounted rates available through purchase of a class card.

www.shawl-anderson.org

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