

ADVANCED MODERN DANCE

THURSDAYS 10-11:30 AM

with

TAMMY CHENEY

at SHAWL-ANDERSON DANCE CENTER

Tammy teaches a technically based modern dance class. Breath, weight, and alignment are emphasized to enhance the students' ability to move through space with clarity, freedom, power and precision. The class also explores a wide range of dynamic qualities from subtle to dramatic. The class builds sequentially from simple modern dance concepts into a longer dance phrase at the end.



TAMMY CHENEY has been performing, teaching and choreographing in the Bay Area since 1993. Tammy has been a visiting dance artist at Mills College, a guest lecturer at the University of California at Berkeley for the Theater, Dance, and Performance Studies Department, and served as the director of the dance program and director of the Dance Ensemble at The Katherine Branson High School located in Ross, Ca. Tammy has set dance works on the U.C. Berkeley Dance Company BARD, the Mills College Repertory Company, and A Wing and A Prayer Dance Company in Reno, Nevada. Tammy's work has been presented at the Dance IS Festival and the Vision Series dance festival. Locally, Tammy has danced for San Francisco's ODC/San Francisco (1996-2003) as well as Janice Garrett & Dancers, Robert Moses' Kin, Lizz Roman & Dancers, Charlie Moulton, Sonya Delwaide, and Li Chiao-Ping. Tammy received her B.A. in dance from Point Park College in Pittsburgh, Pa.

SHAWL-ANDERSON DANCE CENTER provides Bay Area dance students of all ages and levels with high caliber training in both contemporary and traditional movement forms in a welcoming, non-competitive environment. The Center is a non-profit organization founded in 1958 by Frank Shawl and Victor Anderson and is committed to nurturing and mentoring the growth of dancers and choreographers; cultivating a healthy and supportive atmosphere for creative expression; sustaining traditions essential to excellence in the field; and, fostering the evolution of the art of dance.

New session begins **THURSDAY, JANUARY 8th, 2009**. Single class drop in rate is \$13. Discounted rates available through purchase of a class card.

www.shawl-anderson.org

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